

## Activity Pack - Table of Contents

This book covers **40% of the SLOs** recommended by the **National Curriculum Pakistan (NCP)** through **37 thoughtfully designed activities**. A **weekly planner** helps parents organize these across all **7 domains** of Early Childhood Education (ECE), from literacy to health to creativity. While the planner offers structure, we encourage parents to follow the child's lead. The book takes an **interdisciplinary approach**—e.g., the weekly prayer tracker supports both Islamiyat and math Student Learning Outcomes (SLOs)—showing how real learning crosses subject boundaries. Finally, “**Teacher's Note**” provides the parent with concrete guidance to help conduct the activities. The word “Teacher” as in “Teacher's Note” is purposefully selected and refers to anyone facilitating/teaching the child in these activities, be it a parent, a teacher, or a mentor.

Weekly Plan	Sr No	Activities	Domain	SLO
Week 1	1	Salah Tracker	Basic Mathematical Concepts <i>*SLOs recurring every week</i>	Respond appropriately to, and use the comparative and descriptive language of time of their local community e.g. before, now, after, day, night, summer, winter
				Differentiate between day and night, before and after
				Recognize informal time units and know that clocks and calendars mark the passage of time
				Apply counting to their daily life activities
	2	All About Me	The World Around Us	Write their full name
	3	Let's Learn Numbers – Number tracing - 1 – 2	Basic Mathematical Concepts	Order and sequence numbers to 20
	4	My Home Address	Physical Safety, Health, and Hygiene	Recognize and alert an adult in situations where they feel unsafe (they are injured, hurt, bullied, they dislike something, they are scared)
				Suggest solutions to everyday problems
	5	Let's Learn Alphabets A – B – Know your Road Signs	Language and Literacy <i>*SLOs recurring every week</i>	Recognize the letters and their sounds
	6	Letter Puzzle C		Trace lines and shapes with the first two fingers
	7	اردو حروف تہجی "ا، آ، ب"		Hold writing tools properly
				Trace letters of the languages being taught

Week 2	1	Salah Tracker	Basic Mathematical Concepts	Refer to week 1 for SLOs
	2	Rhyme and Match	Language and Literacy	Recognize and generate rhyming words, alliteration patterns
	3	Knowing My Emotions	Personal, Social, Emotional Awareness	Recognize the emotions Demonstrate an awareness of the feelings of others (empathy)
			Creative Arts	Use a variety of lines, colors, shapes, and textures to express ideas, thoughts, and feelings
			Creative Arts	Color a picture keeping within the designated shapes
	4	Let's learn alphabets D – G – Know your Animals	Language and Literacy	Identify and name a few living and non-living things
			The world around us	Recognize and name pet animals, farm animals, and sea creatures
				Recognize and understand that animals are living things
	5	Counting with faith – Number tracing - 3 – 4	Basic Mathematical Concepts	Order and sequence numbers to 20
	6	Board Game	Personal, Social, Emotional Awareness	Count at least ten objects with one-to-one correspondence
			Language and Literacy	Respond to verbal and non-verbal gestures, symbols, and signs
			Basic Mathematical Concepts	Work cooperatively
				Identify the number that comes before or after a given number up to ten
				Use ordinal number 1st, 2nd, 3rd to indicate position in a sequence
			The world around us	Demonstrate awareness of group rules
	7	اردو حروف تہجی "پ، ت، ٹ، ٹ" کو دتے، اڑتے حروف	Language and Literacy	Identify and name a few living and non-living things
			The World Around Us	Recognize and name pet animals, farm animals, and sea creatures
				Recognize and understand that animals are living things
Week 3	1	Salah Tracker	Basic Mathematical Concepts	Refer to week 1 for SLOs
	2	My Family	Language and Literacy	Identify people by characteristics other than name Identify basic similarities and differences between themselves and others

				Link what they read or hear to their own real like experiences by sharing examples
			Personal, Social, Emotional Awareness	Recognize themselves and say their name and gender
	3	Shadow Puppet Show	Personal, Social, Emotional Awareness	Use courtesy words
			The world around us	Adopt the roles of different family members during dramatic play
			Language and Literacy	Recognize some books and the stories they tell
			Language and Literacy	Identify and name the characters in a story
	4	Let's Learn Alphabets – H, I, J, K – know your professions	The world around us	Recognize some books and tell the story
				Recognize some community workers and increase awareness of their jobs
	5	اردو حروف تہجی دل چسپ پیشے اور "ج" کا خاندان	Language and Literacy	Recognize the letters and their sounds
				Trace lines and shapes with the first two fingers
Week 4	6	Counting with faith – Number tracing - 5 -6	Basic Mathematical Concepts	Hold writing tools properly
				Trace letters of the languages being taught
	1	Salah Tracker	Basic Mathematical Concepts	Order and sequence numbers to 20
				<i>Refer to week 1 for SLOs</i>
	2	Let's Learn Alphabets – L, M, N, O, P – know your senses	The World Around Us; Language and Literacy	Describe different tastes: sweet, salty, sour
				Differentiate between different sounds, loud, soft, shrill
				Identify and differentiate between temperatures and surfaces when touched such as hot, cold, soft, hard, rough, smooth, etc.
				Recognize the letters and their sounds
	3	Counting with faith – number tracing - 7 – 8	Basic Mathematical Concepts	
				Trace letters of the languages being taught
	4	Paint by Numbers	Creative Arts	Use a variety of lines, colors, shapes, and textures to express ideas, thoughts, and feelings
	5	دیکھو، سنو، چکھو اردو حروف	The World Around Us; Language and Literacy	Recognize the letters and their sounds
				Trace lines and shapes with the first two fingers

		تہجی کے سنگ "د" اور "ز" کا خاندان		Hold writing tools properly
	6	Count and Match	Basic Mathematical Concepts	Count objects saying the number names in the standard order, pairing each object with one and only one number name Count, identify, and trace numbers up to 20
Week 5	1	Salah Tracker	Basic Mathematical Concepts	Please refer to week 1 for SLOs
	2	Let's Learn Alphabets – Q, R, S, T – know your body parts	The World Around Us	Identify and name the following parts of the body: head, nose, tongue, shoulders, ears, eyes, arms, hands, fingers, legs, feet, and toes
	3	اردو حروف تہجی اور رب کی نعمتیں "س، ش، ص، ض، ط، ظ، ع، غ"	Language and Literacy	Draw pictures/ make marks to communicate meaning
				Recall and use new vocabulary (at least 100 new words) in the language being taught
				Recognize the letters and their sounds
				Trace lines and shapes with the first two fingers
	4	Counting with Faith – Number tracing - 9 – 10	Basic Mathematical Concepts	Count objects saying the number names in the standard order, pairing each object with one and only one number name Count, identify, and trace numbers upto 20
	5	Make a Nature Hanging Mobile	Basic Mathematical Concepts	Recognize that an entire set of objects is more than its parts
			Creative Arts	Explore different sounds made by sound producing objects (like musical instruments)
			Physical Development	Use a range of child-appropriate tools with increasing control
	6	My Pakistan, My Pride! A Cultural Collage Activity	Personal, Social, Emotional Awareness	Talk about their culture
			Creative Arts	Reuse discarded paper and plastic to create works of art
Week 6	1	Salah Tracker	Basic Mathematical Concepts	Refer to week 1 for SLOs
	2	Let's Learn Alphabets – U, V, W, X, Y, Z	The World Around Us	Name the various parts of a car, bicycle, and boat
	3			Draw pictures/ make marks to communicate meaning

		اردو حروف تہجی اور کشتی کے حصوں کی پہچان "ف، ق، ک، گ، ل، م، ن"		Recall and use new vocabulary (at least 100 new words) in the language being taught
			Language and Literacy	Recognize the letters and their sounds
				Trace lines and shapes with the first two fingers
	4	Counting with Faith – Number Tracing with Four Seasons – 11,12, 13, 14	Basic Mathematical Concepts	Count objects saying the number names in the standard order, pairing each object with one and only one number name
				Count, identify, and trace numbers upto 20
	5	Lentil Petals: Celebration of diversity	Personal, Social, Emotional Awareness	Tear, fold, and paste paper of various sizes, and shapes
			Physical Development	Pick up small objects with fingers and try to manipulate small objects
	6	Five Pillars of Islam – Make a Wall Hanging	Personal, social, emotional awareness	Recognize and respect people around them with diverse abilities, backgrounds, and languages
			Physical Development	Name and identify key pillars or their own religion
Week 7	1	Salah Tracker	Basic Mathematical Concepts	Refer to week 1 for SLOs
	2	اردو حروف تہجی - اور سرکس کی سیر - "و، ہ، ع، ی، اے"	Language and Literacy	Draw pictures/ make marks to communicate meaning
				Recall and use new vocabulary (at least 100 new words) in the language being taught
				Recognize the letters and their sounds
				Trace lines and shapes with the first two fingers
	3	Number tracing 15, 16, 17, 18, 19, 20	Basic Mathematical Concepts	Count objects saying the number names in the standard order, pairing each object with one and only one number name
				Count, identify, and trace numbers upto 20
	4	Alligator Mouth – Greater and less than	Basic Mathematical Concepts	Compare two or more sets and identify the set which has more objects
				Use words such as “more” and “less” to indicate differences in quantity
	5	Grow Your Own plant	The World Around Us	Observe and record the growth of a plant from a seed
				Identify how to take care of plants for example by growing a small seedling in a disposable glass

				Recognize that plants are living things and know that plants need sunlight, water, and food to live
	6	Make your Own Lemonade	Language and Literacy	Communicate ideas and needs, for example, I need water, I am hungry or may I go to the washroom etc.
			The World Around Us	Describe different tastes, such as sweet, salty, sour
			Basic Mathematical Concepts	Explore measuring tools (cup, glass, ruler) and use nonstandard units of measure for comparison
	7	Syllables	Language and Literacy	Recognize sounds in the beginning, middle, and end of the word
				Recognize and generate rhyming words, alliteration patterns.